



# “Together for Education, Relief & a Better Tomorrow”

*Navvkhush Helping Foundation'*

**Empowering Children Through Education**

**A u g u s t - 2 0 2 6**



## INDEX

- Programme Overview
- POCSO Awareness & Child Safety
- Personal Safety & Speaking Up
- Creating Safe Learning Environment
- Programme Impact & Key Highlights

## Child Safety & Awareness

### POCSO Awareness Training for Young Children

POCSO Awareness Training for Young Children helps children understand personal safety, body boundaries, safe and unsafe situations, and trusted adults. The session encourages children to speak up, seek help, and feel confident in creating safer environments.

### Message from our Founder

**Kavita Rawat**

“Every child deserves to grow in an environment where they feel safe, respected and confident to speak up. Through age-appropriate awareness and meaningful conversations, we can help children understand personal safety and know that seeking help is always the right choice. At NavvKhush Helping Foundation, we believe that creating safer childhoods begins with awareness, care and collective responsibility. By empowering children with the right knowledge from an early age, we can help them recognise when to seek support and whom to trust. Together, we can build learning spaces where every child feels heard, protected and valued. Our continued efforts aim to make child safety an integral part of a healthy and supportive childhood.”

**Compassion • Support • Community**

# POCSO Awareness Training for Young Children

## Building Awareness, Confidence & Safe Learning Spaces

NavvKhush Helping Foundation conducted a POCSO awareness training session at The Shri Ram Wonder Years, Karol Bagh, New Delhi, focusing on age-appropriate awareness about personal safety and child protection.

The session introduced young children to simple and understandable concepts related to safe and unsafe situations, personal boundaries, trusted adults and the importance of speaking up.

### Programme Highlights

- 70+ Children Reached
- 2-6 Years Age Group
- 1 Awareness Session
- Karol Bagh New Delhi

### Understanding Child Safety

#### Building Awareness Through Simple Conversations

The session helped children understand basic personal safety in a simple and age-appropriate way. It encouraged them to recognise safe and unsafe situations, understand body boundaries, and approach trusted adults whenever they need support.



“Together, we can help every child understand their rights, recognise safe spaces, and feel confident to speak up and seek help when needed.”

“When a child gets the opportunity to learn, they get the opportunity to dream.”

Together for Education, Relief & a Better Tomorrow



# PERSONAL SAFETY & SAFE LEARNING

## Helping Children Understand Personal Safety

### *Awareness Today for a Safer Tomorrow*

The session introduced children to basic concepts of personal safety through simple, age-appropriate conversations and interactive activities. Children were encouraged to understand body boundaries, recognise safe and unsafe situations, identify trusted adults and feel confident to speak up when they need help.



### Key Learning Areas

-  **Personal Safety**  
Understanding body boundaries and personal space.
-  **Speak Up & Seek Help**  
Encouraging children to share concerns with trusted adults.
-  **Trusted Adults**  
Helping children recognise people they can approach for support.
-  **Safe & Unsafe Situations**  
Building awareness through simple and interactive learning.

### Creating Supportive Spaces

A safe learning environment helps children feel heard, respected and comfortable. NavvKhush Helping Foundation aims to promote awareness and communication so that children can grow with greater confidence and a sense of safety.

# Creating Safer Childhoods Through Awareness

**70+ Young Minds Reached With Safety Awareness**

The POCSO awareness session at The Shri Ram Wonder Years, Karol Bagh, New Delhi, provided young children with an opportunity to learn about personal safety, trusted support and the importance of speaking up.

## Programme Impact

### **70+ Children Reached**

Promoting awareness about personal safety and child protection.

### **2–6 Years Age Group**

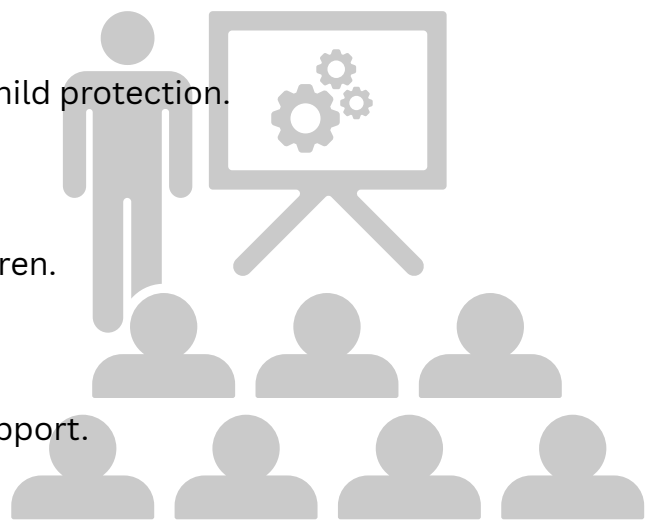
Age-appropriate learning designed for young children.

### **1 Awareness Session**

Focused on safety, communication and seeking support.

### **Safe Learning Environment**

Encouraging a caring, respectful and supportive space for children.



## Our Message

**“Creating awareness today can help build safer, more confident and empowered childhoods tomorrow.”**

## Navvkhush Helping Foundation

Address : B108,Noida sector-6,NEAR Noida Authority,201301

Website:[www.https://navvkhushhelping.org/](https://navvkhushhelping.org/)

Whatsapp No.: +91 918882513339



<https://www.linkedin.com/company/navv-khush-helping-foundation/>



Navvkhush Helping  
Foundation



navv\_khush\_ngo